



142 Erickson Drive, Red Deer, Alberta T4R 2C3  
 Phone: 403.347.3261 Fax: 403.347.3221  
[www.family1stchiro.ca](http://www.family1stchiro.ca)

**CONFIDENTIAL PATIENT INFORMATION**

**Date:** \_\_\_\_\_

Name: \_\_\_\_\_ Birth Date: YYYY/MM/DD \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Cell. Phone: \_\_\_\_\_ AHC#: \_\_\_\_\_  
 Address: \_\_\_\_\_ City/Town: \_\_\_\_\_ Prov.: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
 Sex: Male Female Preferred \_\_\_\_\_ Email: \_\_\_\_\_  
 Appointment reminder: Email  Text  Cellular provider: \_\_\_\_\_ Remind: \_\_\_\_\_ Day/s before and/or \_\_\_\_\_ Morning of  
 I consent to electronic communications from Family First **Y** or **N**  
 Third Party Insurance: \_\_\_\_\_ Claim/ID#: \_\_\_\_\_ Group/Policy: \_\_\_\_\_  
 Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ Married: \_\_\_\_\_ Single: \_\_\_\_\_ Common Law: \_\_\_\_\_ Other: \_\_\_\_\_  
 Name of Partner: \_\_\_\_\_ Occupation: \_\_\_\_\_ # of Children? \_\_\_\_\_  
 How did you hear about us? Facebook  Twitter  Google  Person  Who may we thank? \_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Other: \_\_\_\_\_

**Female: Are you pregnant?** Yes No *Unsure* **Last Day of Cycle:** \_\_\_\_\_ **Weeks:** \_\_\_\_\_ **Due Date:** \_\_\_\_\_  
 What is the purpose of your appointment? \_\_\_\_\_  
 Date symptoms appeared? \_\_\_\_\_ What area? *Neck Mid Back Low Back Hips Other:* \_\_\_\_\_  
 Where? *Left Middle Right Front Back Other* \_\_\_\_\_ How did it start? *Gradually Suddenly* \_\_\_\_\_  
 How would you describe the pain? *Sharp Dull Achy Burning Stabbing Deep Shooting Other* \_\_\_\_\_  
 How intense is the pain? *Mild Moderate Severe* \_\_\_\_/10 Does your condition: *Come and Go* Or is it: *Constant* \_\_\_\_\_  
 What aggravates your condition? *Activity Rest Lifting Occupation Bending Turning Stress Other* \_\_\_\_\_  
 What relieves your condition? *Activity Rest Ice Heat Standing Sitting Lying Down Other:* \_\_\_\_\_  
 Are you experiencing dizziness? *Y N* Nausea? *Y N* Describe (how long, when, ect...): \_\_\_\_\_  
 Is this condition interfering with your: Quality of Life \_\_\_\_\_ Work \_\_\_\_\_ Sleep \_\_\_\_\_ Other: \_\_\_\_\_  
 Describe: \_\_\_\_\_  
 Primary Health Care Provider / Clinic: \_\_\_\_\_  
 Have you been treated for any health condition in the last year? *Y N* Is this an MVA injury: *Y N* WCB injury: *Y N*  
 Describe: \_\_\_\_\_  
 Date of last physical examination: \_\_\_\_\_ Purpose: \_\_\_\_\_  
 What Vitamins are you taking? \_\_\_\_\_  
 What over the counter medications are you taking? \_\_\_\_\_  
 What prescription medications are you taking? \_\_\_\_\_

**Family history of disease (please check all that apply):**

Disease/Condition:	X	Family Member Affected:
Heart Attack		
Heart Disease		
Stroke		
Diabetes Mellitus		
Multiple Sclerosis		
Cancer		

Disease/Condition:	X	Family Member Affected:
Osteoporosis		
<b>List all other Diseases/Conditions:</b>		

**Past History**

What operations have you had? When? \_\_\_\_\_  
 \_\_\_\_\_  
 Have you ever been hospitalized? \_\_\_\_\_ Serious illness? \_\_\_\_\_  
 Have you ever had any bad accidents or falls? *Yes No* If so, when? \_\_\_\_\_ Adult \_\_\_\_\_ Child \_\_\_\_\_ Infant  
 Broken/Fractured bones? *Yes No* Which ones? \_\_\_\_\_  
 Do you have a history of Osteoporosis? Describe \_\_\_\_\_  
 Have you ever been under Chiropractic care? *Yes No* Chiropractors Name: \_\_\_\_\_ Last Adjustment date: \_\_\_\_\_

**What tests/exams have you had done?**

Bone Density Test	
MRI	
CT Scan	
X Ray	
Bone Scan	

**List all other test/exams**

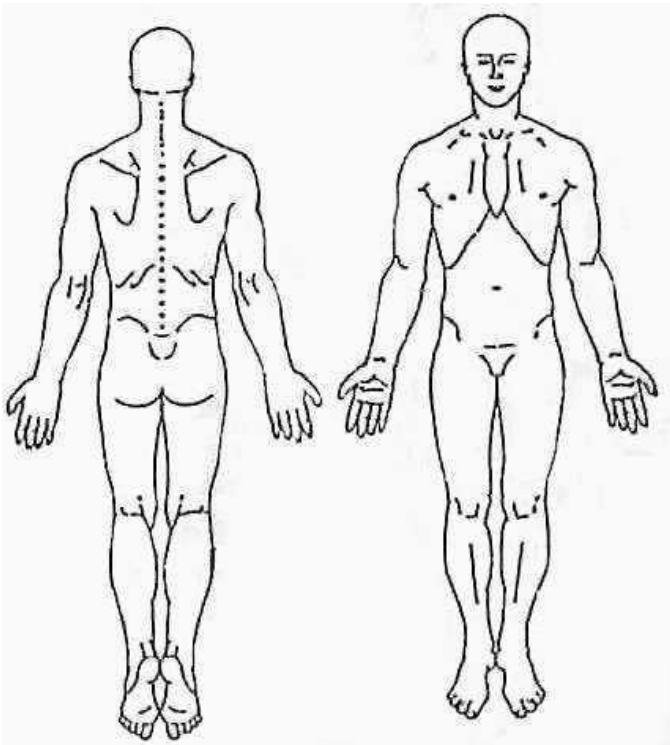

**Are You Suffering From or Have You Ever Suffered From:**

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> Allergy                  | <input type="checkbox"/> Poor posture               | <input type="checkbox"/> Tuberculosis        | <input type="checkbox"/> Itching                   |
| <input type="checkbox"/> Dizziness                | <input type="checkbox"/> Sciatica                   | <input type="checkbox"/> Bruise easily       | <input type="checkbox"/> Varicose veins            |
| <input type="checkbox"/> Fatigue                  | <input type="checkbox"/> Spinal curvatures          | <input type="checkbox"/> Hay fever           | <input type="checkbox"/> Bed-wetting               |
| <input type="checkbox"/> Headache                 | <input type="checkbox"/> Swollen joints             | <input type="checkbox"/> Nosebleeds          | <input type="checkbox"/> Frequent urination        |
| <input type="checkbox"/> Loss of sleep            | <input type="checkbox"/> Colon trouble              | <input type="checkbox"/> Sinus Infection     | <input type="checkbox"/> Kidney infection or stone |
| <input type="checkbox"/> Ulcers                   | <input type="checkbox"/> Diarrhea                   | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Prostate trouble          |
| <input type="checkbox"/> Nervousness / Depression | <input type="checkbox"/> Difficult digestion        | <input type="checkbox"/> Low blood pressure  | <input type="checkbox"/> Cramps or backache        |
| <input type="checkbox"/> Numbness                 | <input type="checkbox"/> Hemorrhoids                | <input type="checkbox"/> Pain over heart     | <input type="checkbox"/> Excessive menstrual flow  |
| <input type="checkbox"/> Arthritis                | <input type="checkbox"/> Nausea                     | <input type="checkbox"/> Poor circulation    | <input type="checkbox"/> Hot flashes               |
| <input type="checkbox"/> Bursitis                 | <input type="checkbox"/> Asthma                     | <input type="checkbox"/> Rapid heart beat    | <input type="checkbox"/> Irregular cycle           |
| <input type="checkbox"/> Foot trouble             | <input type="checkbox"/> Colds                      | <input type="checkbox"/> Slow heart beat     | <input type="checkbox"/> Lumps in breast           |
| <input type="checkbox"/> Low back pain            | <input type="checkbox"/> Deafness                   | <input type="checkbox"/> Anemia              | <input type="checkbox"/> Alcoholism                |
| <input type="checkbox"/> Neck pain or stiffness   | <input type="checkbox"/> Ear noises                 | <input type="checkbox"/> Stroke              | <input type="checkbox"/> Diabetes                  |
|   | <input type="checkbox"/> Enlarged thyroid           | <input type="checkbox"/> Chest pain          | <input type="checkbox"/> Polio                     |
|   | <input type="checkbox"/> Eye pain                   | <input type="checkbox"/> Difficult breathing | <input type="checkbox"/> Aids / HIV positive       |
|   | <input type="checkbox"/> Failing vision             | <input type="checkbox"/> Pleurisy            | <input type="checkbox"/> Hypoglycemia              |
|   | <input type="checkbox"/> Sexual Transmitted disease | <input type="checkbox"/> Spitting            | <input type="checkbox"/> Chronic fatigue syndrome  |
|   | <input type="checkbox"/> Heart disease              | <input type="checkbox"/> Swelling of ankles  | <input type="checkbox"/> Fibrosis / Fibromyalgia   |
|   | <input type="checkbox"/> Concussion/head trauma     | <input type="checkbox"/> Cancer              | <input type="checkbox"/> Psoriasis / Eczema        |

Tingling or numbness in:

- |                                    |                                |
|------------------------------------|--------------------------------|
| <input type="checkbox"/> Shoulders | <input type="checkbox"/> Hips  |
| <input type="checkbox"/> Arms      | <input type="checkbox"/> Legs  |
| <input type="checkbox"/> Elbows    | <input type="checkbox"/> Knees |
| <input type="checkbox"/> Hands     | <input type="checkbox"/> Feet  |

**Please shade or circle all areas of complaint.**



<b>Habits</b>	Heavy	Moderate	Light	None
Alcohol	_____	_____	_____	_____
Coffee	_____	_____	_____	_____
Tobacco	_____	_____	_____	_____
Exercise	_____	_____	_____	_____
Sleep	_____	_____	_____	_____
Cannabis	_____	_____	_____	_____

**Are you Wearing ...**

- |               |       |
|---------------|-------|
| Heel Lifts    | _____ |
| Inner Soles   | _____ |
| Arch Supports | _____ |

**Is there any other information?**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**PAYMENT IS EXPECTED AT TIME OF VISIT**

Name of person responsible for payment \_\_\_\_\_

I understand that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care, any fees for professional services rendered will be immediately due and payable. We request 24 hours for cancellation of a visit.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

Guardian or Spouse's Signature Authorizing Care \_\_\_\_\_ Date \_\_\_\_\_